ਰਜਿ: ਨੰ: 1147/2002

## ੴਸਤਿਗੁਰ ਪ੍ਸਾਦਿ॥

# ਸਤਿਨਾਮੁ ਸਰਬ ਕਲਿਆਣ ਟਰੱਸਟ (ਰਜਿ:)

ਆਫਿਸ: ਫਲੈਟ ਨੂੰ 204 ਬਲਾਕ ਆਈ ਸੈਕਟਰ 117 ਵੈਲਿੰਗਟਨ ਹਾਈਟਸ ਟੀ.ਡੀ.ਆਈ ਐਸ.ਏ.ਐਸ ਨਗਰ ਮੋਹਾਲੀ email: kirtsahyog<u>sskt39@gmail.com, www.satnamsarabkalyantrust.org</u>, Youtube: Satnam Sarab Kalyan Trust

Date: 15.09.2022 ਨਾਨਕ ਸ<mark>ਚੇ ਨਾਮ ਬਿਨੁ ਕਿਆ ਟਿਕਾ ਕਿਆ ਤਗੁ ।।</mark> ਇਸ ਪੰਗਤੀ ਤੇ 10 ਲਾਈਨਾਂ ਵਿਚ ਆਪਣੇ ਵਿਚਾਰ ਲਿਖੋ। ਸੈਲ ਪਥਰ ਮਹਿ ਜੰਤ ਉਪਾਏ ਤਾ ਕਾ ਰਿਜਕੁ ਆਗੈ ਕਰਿ ਧਰਿਆ।। ਇਸ ਪੰਗਤੀ ਤੇ 10 ਲਾਈਨਾਂ ਵਿਚ ਆਪਣੇ ਵਿਚਾਰ ਲਿਖੋ।

#### WAY TO SUCCESS

Everyone in this world wants to be successful. Time is a big force which makes us moving, rather moving with time, even ahead of time in laying foundation of success. Real success is not only earning money, reaching top positions but acquiring good traits, attaining equilibrium and salvation in life. Climbing up the steps of ladder of real success is the struggle of life through good means only. Following few steps need attention to be successful in life.

#### 1. Know yourself

You have the energy of God and you know your potential. You can achieve anything & everything in life. Success does not come through money or position but through your positive approach, self confidence and creative faculties.

#### ਨਿਸਚੈ ਕਰ ਅਪਨੀ ਜੀਤ ਕਰੋਂ

Self control & dedication in life brings not only discipline but gives strength to treat unknown parts of life which lays foundation of success.

#### 2. Naam Simran

Naam Simran is the key to your inner strength. It not only gives peace of mind but cultivates your energy, concentration and strength.

### ਤਿਨਿ ਕਰਤੈ ਇਕ ਖੇਲ ਰਚਾਇਆ॥ ਕਾਇਆ ਸਰੀਰੈ ਵਿਚਿ ਸਭੂ ਕਿਛੂ ਪਾਇਆ ॥

Your mind comes to rest when you meditate regularly. You set infinite treasures of life. You are able to discover everything in this world.

ਕਹੈ ਨਾਨਕ ਏਹ ਸਗੋਰ ਪਰਵਾਣ ਹੁਆ ਜਿਨ ਸਤਿਗਰ ਸਿਊ ਚਿਤੂ ਲਾਇਆ।।

#### 3. Conquering mind

Success in life has many facets. There are many qualities which help in every situation. Foremost amongst them is understanding thyself and conquering mind.

### ਮਨ ਤੂੰ ਜੋਤਿ ਸਰੂਪੁ ਹੈ ਆਪਣਾ ਮੂਲੁ ਪਛਾਣੁ ॥ ਮਨ ਜੀਤੇ ਜਗ ਜੀਤ॥

If you learn to control mind with blessings of the guru and following the path shown by the Guru in Gurbani, you will attain peace, salvation and every worldly success also.

### ਗੁਰ ਕਾ ਸਬਦੂ ਰਾਖੂ ਮਨ ਮਾਹਿ ॥ਨਾਮੂ ਸਿਮਰਿ ਚਿੰਤਾ ਸਭ ਜਾਹਿ ॥੧॥

#### 4. True work culture

Work and man are inseparable. Earning one's livelihood through honest and legitimate means is preached in every culture and religion.

# ਉਦਮੁ ਕਰੇਦਿਆ ਜੀਉ ਤੂੰ ਕਮਾਵਦਿਆ ਸੁਖ ਭੁੰਚੁ ॥ ਹਕ ਪਰਾਇਆ ਨਾਨਕਾ ਉਸੂ ਸੁਅਰ ਉਸੂ ਗਾਇ ॥

Sachi Suchi kirat is a way of life as shown by the Gurus. Dedicated and honest work brings you closer to your goals. It always keeps you in high esteem and spirits wherever you are and in whatever field you are working. Put in your hundred percent of body and soul, success will always be yours.

#### 5. Sewa Bhawna

If you want to rise above others you must inculcate the spirit of Sewa. Helping others gives you true happiness. Serving the poor, giving food to hungry and helping the distressed is the true way of life of a Sikh as propagated by the Gurus through their own examples.

This teaches you humility, feeling of satisfaction and makes you humane. True success is not measured by the riches or the positions achieved by you but bringing cheer in the life of stress through your sewa.