ਰਜਿ: ਨੰ: 1147/2002

## ੴਸਤਿਗੁਰ ਪ੍ਸਾਦਿ॥

## ਸਤਿਨਾਮੂ ਸਰਬ ਕਲਿਆਣ ਟਰੱਸਟ (ਰਜਿ:)

ਆਫਿਸ: ਫਲੈਟ ਨੂੰ 204 ਬਲਾਕ ਆਈ ਸੈਕਟਰ 117 ਵੈਲਿੰਗਟਨ ਹਾਈਟਸ ਟੀ.ਡੀ.ਆਈ ਐਸ.ਏ.ਐਸ ਨਗਰ ਮੋਹਾਲੀ email: kirtsahyog<u>sskt39@gmail.com, www.satnamsarabkalyantrust.org</u>, Youtube: Satnam Sarab Kalyan Trust

ਸਚਹੂ ਓਰੈ ਸਭੂ ਕੋ ਉਪਰਿ ਸਚੁ ਆਚਾਰੁ ∥ਇਸ ਪੰਗਤੀ ਤੇ 10 <mark>ਲਾਈਨਾਂ ਵਿਚ ਆਪਣੇ ਵਿਚਾਰ ਦਸਦੇ ਹੋਏ ਵਿਆਖਿਆ ਵਿਸਥਾਰ</mark>	
ਵਿੱਚ ਲਿਖੋ।	
ਭਰੀਐ ਮਤਿ ਪਾਪਾ ਕੈ ਸੰਗਿ।।ਉਹੁ ਧੋਪੈ ਨਾਵੈ ਕੈ ਰੰਗਿ।।ਇਸ ਪੰਗਤੀ ਤੇ 10 ਲਾਈਨਾਂ ਵਿਚ ਆਪਣੇ ਵਿਚਾਰ ਲਿਖੋ।	
ਵਿਦਿਆਰਥੀ ਦਾ ਨਾਂ ਤੇ ਹਸਤਾਖ	
ਕੋਡ ਨੰ:	

## **CHARACTER BUILDING**

A set of distinctive personal qualities found in an individual constitutes the character of the person. There are several shades from the highest good to extreme bad.

It is built by acquiring virtues. The qualities like morality and discipline, honesty and integrity, will-power and courage, charity and loyalty, self respect and sacrifice, kindness and truthfulness go long way in building a noble character. Developing good character enhances the ability to distinguish between good from bad and right from wrong. A man of character is good at heart with benevolent feeling and balanced mind. He can stand against evil, oppression and go to any length for defending for right cause. Cultivate the habit of prayer which will bring not only virtues in life but will bring happiness in your life.

Good communication skills and good manners are taught in schools but respect is something that you have to give before you can get it. Self control and self discipline are acquired in school of life only. Character building is a continuous process. It starts from childhood and continues till death.

ਨਿਵਣੂ ਸੁ ਅਖਰੁ ਖਵਣੂ ਗੁਣੂ ਜਿਹਬਾ ਮਣੀਆ ਮੰਤੂ ॥ ਏ ਤ੍ਰੈ ਭੈਣੇ ਵੇਸ ਕਰਿ ਤਾਂ ਵਸਿ ਆਵੀ ਕੰਤੁ ॥੧੨੭॥

Helping the people in need, caring for others, serving others before self expressing gratitude, forgiveness and being compassionate are few pillars in forming good character.

ਫਰੀਦਾ ਬੁਰੇ ਦਾ ਭਲਾ ਕਰਿ ਗੁਸਾ ਮਨਿ ਨ ਹਢਾਇ ॥ ਦੇਹੀ ਰੋਗ ਨ ਲਗਈ ਪਲੈ ਸਭੂ ਕਿਛੂ ਪਾਇ ॥੭੮॥

Virtue of discipline breeds character. High moral values in the person, makes him to stand for truth and justice.

## ਰਹਿਣੀ ਰਹੈ ਸੋਈ ਸਿਖ ਮੇਰਾ ।।

Dressing up properly and neatly, maintaining good health, good reading habits, truthfulness courage and bravery have to be required for building your character. Trust worthiness, self respect responsibility, fairness are pillars of character.

A man of character always enjoys good reputation and personal charishma and endears everybody. The greatness of the person is not judged by his riches or position. You cannot dream yourself in to character, you must hammer and forge one for yourself.